

Association of  
**Maternal  
& Child**  
Health Programs



**2007**

AMCHP  
Annual Conference

HRSA/MCHB Healthy & Ready to Work  
State Initiatives

Toni Wall, Director  
HRTW National Resource Center



### What's HEALTH Got To Do With Transition? EVERYTHING!

**Health Impacts All Aspects of Life**  
Success in the classroom, within the community, and on the job requires that young people with special health care needs stay healthy. To stay healthy, young people need an understanding of their health and to participate in their health care decisions.

We provide information and connections to health and transition expertise nationwide - from those in the know, doing the work and living it!

This site focuses on **understanding systems, access to quality health care, and increasing the involvement of youth.** It also includes **provider preparation plus tools and resources** needed to make more informed choices!



# www.hrtw.org

Questionnaire Transition



site by [eostudios](#)

The HRTW Center is headquartered at the Maine State Title V CSHN Program. Activities are coordinated through the Maine Support Network's Center for Self-Determination, Health and Policy. The Center is funded through a cooperative agreement (U39MC06899-01-00) from the Integrated Services Branch, Division of Services for Children with Special Health Care Needs (DSCSHN) in the Federal Maternal and Child Health Bureau (MCHB), Health Resources and Service Administration (HRSA), Department of Health and Human Services (DHHS), Monique Fountain-Hanna, MD, HRSA/MCHB Project Officer.

# Transition to Adulthood: Policies & Processes of Title V Agencies



**Kathy Blomquist, RN, PhD**

*HRTW National Resource Center*  
*kathyblomquist@hrtw.org*

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Washington, DC, March 6, 2007

***The Ultimate Outcome:  
Transition to Adulthood***

# Issues for States Moving to Community-Based Systems of Care

## Planning for cohorts of YSHCN becoming adults:

- **Sending System:** Preparing families, youth and professionals - envisioning adulthood
- **Receiving System:** Different expectations, programs, rules and regulations
- **ONE Plan for Collaboration** across systems in the community: health, education, work, housing, transportation, technology, play

# State Needs Assessments 2005

59 states and territories

## States which

- listed transition as a priority **22** (37%)
- discussed health care transition **37** (63%)
- reported youth involved in developing the Needs Assessment **9** (15%)

# HRTW Surveys, 2006: Transition Progress

## STATES

Title V CYSHCN = 41 of 59

Medical Homes = 43 practices/25 states

## HOSPITALS NATIONWIDE

Shriners Hospitals = 20

NACHRI Hospitals = 19

# Infrastructure Development

HRTW Survey N=41 states/territories

States which

- provide **care coordination** that includes health transition planning **83%**
- have a designated **transition coordinator** **46%**
- have **contract language** related to transition **34%**
- work with **parent groups** on transition issues **88%**
- have a **youth advisory council** **37%**

# Specific Transition Services

HRTW Survey N=41 states/territories

States which

- help youth/families **use community resources** and benefits system **90%**
- assist with SSI medical **documentation** **80%**
- provide transition educational **information** **74%**
- assist with **health insurance** during transition **73%**
- promote independence in **self care** **71%**

# Specific Transition Services (2)

HRTW Survey N=41 states/territories

States which

- provide/refer to mentoring, support or **skill building programs** 68%
- assist with planning for school/work **accommodations** 66%
- **screen** or assess for transition needs 66%
- discuss **legal responsibility** at age 18 61%
- create individualized health transition **plans** 53%

# Specific Transition Services (3)

HRTW Survey N=41 states/territories

States which

- **recruit adult** primary and/or specialty care providers **53%**
- **support adult providers** assuming care of young adults **39%**
- offer multidisciplinary **transition clinics** **27%**
- say they have **expanded transition** services in the past 2 years **71%**

# Self-Rating of Transition Processes

HRTW Survey N=40 states/territories

Have transition policy and processes integrated into practice	12%
Working on; about halfway to where want to be	27%
Beginning stages	46%
No processes, but interested	12%
Not interested, too busy, no resources	0%

# Transition Information

HRTW Survey N=41 states/territories

- **61%** have used consultation from HRTW
- **83%** have used the HRTW website

Would like developed

- Monitoring: tracking tools and formats
- MD training materials; best practices
- Family/youth one pagers
- Working with YACs
- Interagency partnerships

# **BLOCK GRANT**

## **National Performance Measures**

- 1. Screening**
- 2. Family and Youth Involvement**
- 3. Medical Home**
- 4. Health Insurance**
- 5. Organized Community Services**
- 6. Transition**

SOURCE: BLOCK GRANT GUIDANCE  
<http://mchb.hrsa.gov/grants/default.htm>

# Block Grant Findings: Transition Progress

*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## **NPM1 – Screening**

**Of 59 States**

- report some sort of transition screening

**31**

## **NPM2 – Family & Youth Involvement**

- young adult on staff to give youth perspective
- youth on the CYSHCN program board
- youth present with staff at conferences
- cultural competence efforts

**1**

**8**

**19**

**55**

# Block Grant Findings: Transition Progress

*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## **NPM3 – Medical Home**

*Of 59 States*

- work with state Pediatric Association **47**
- work with state family practice, internal medicine or state medical associations **21**
- work with medical schools **46**
- work with adult health care providers **18**

***Increasingly, states report activity related to health and wellness, responsibility for health care regimens, HIPAA, and use of insurance.***

# Block Grant Findings: Transition Progress

*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## **NPM4 – Health Insurance**

*Of 59 states*

- work with insurance providers  
(esp. Medicaid) **All**
- distribute information on insurance;  
some include transition issues **13**
- help physicians with reimbursement for  
medical home/transition activities **9**

# Block Grant Findings: Transition Progress

*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## **NPM5 – Coordinated System of Care** <sup>(1)</sup>

*Of 59 States*

- involved in state or regional interagency collaboration group related to transition **All**
- collaborate with VR **52**
- have Governor's task forces focusing on adolescent and/or transition issues **13**
- mention transition as a service on their website and/or include materials **21**

# Block Grant Findings: Transition Progress

*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## **NPM5 – Coordinated System of Care (2)**

*Of 59 States*

- service directory that includes transition resources **36**
- developing materials on transition for youth and families **38**

***Few mention collaboration with transition related projects funded from sources outside MCHB***

***Few mention using the services of the MCHB National Resource Centers***

# Block Grant Findings: Transition Progress

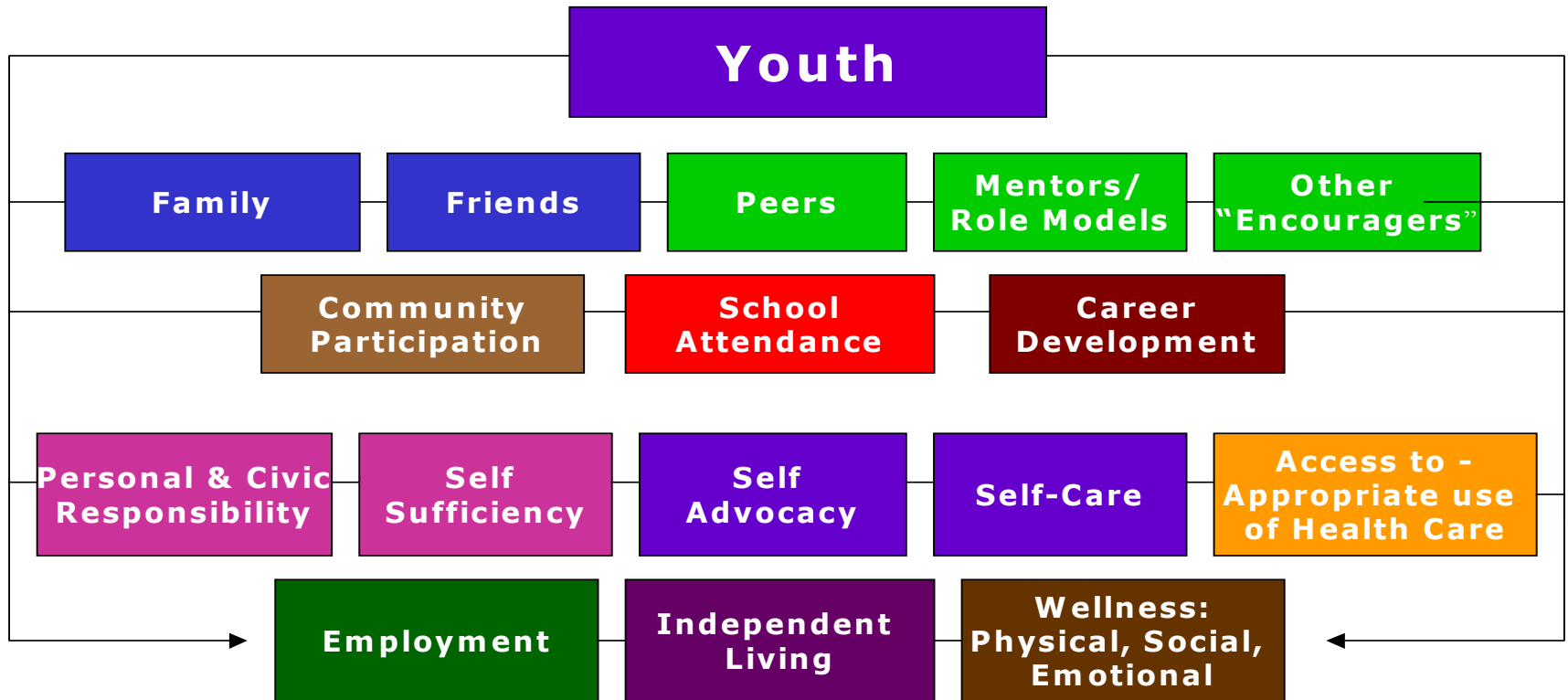
*Findings from Review of Block Grant Reports, FY07 – Submitted 2006*

## NPM6 – Transition to Adulthood

*Of 59 States*

- report transition training for staff **46**
- have formal transition planning for youth **34**
- report transition as part of quality assurance activities **14**

# Balancing Life & Health



# Know the **OUTCOMES** of your services

- **Increased Quality of Life**
- **Self-care and Use of Health Care**
- **Prevention of Secondary Conditions**
- **Access to Health Care**
- **Maintaining Health Insurance**
- **Informed Decision Making**

**Education**

**Recreation**

**Work**

**Independent  
Living**