

# High School: Growing Up time Important Ages!

## SCHOOL TRANSITION

**These need to be in your IEP!**

### **14 Years Old:**

Decide on your career goal.  
What classes do you need to take?

### **16 Years Old:**

Write your plan.  
This is part of your IEP.

Check out Career and Technical Schools and  
Colleges

### **18 Years Old:**

You are an adult!  
Learn to sign your school papers.

Do you want to put off graduation?  
This is called Deferred Graduation.  
Special Education can last till age 22.

### **1 year before you graduate:**

Ask for BVR to help you get a job or go  
to school after you graduate.



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### FINANCES & BENEFITS

#### Remember: Always start early!

##### 16 Years Old:

Check if MRDD can help you get services. Call Intake.

Find out about Section 301 from BVR.

You can still work and keep SSI. Ask Social Security about Student Earned Income Exclusion.

##### 18 Years Old:

Children's SSI ends. Don't wait till your birthday! Call Jobs and Family Services. Ask for help with Adult SSI.

Never had SSI before? Check if you can get it now. Call Social Security.

Is one of your parents getting Social Security? Check if you can get SSDI from Social Security.

Got SSI? Be sure you pay your "Fair Share" at home.

Need help for mental health? Ask your therapist to help you get adult services.

Need Section 8 Housing? Call the Housing Authority where you live.

##### 19 Years Old:

Children's Medicaid ends. Private insurance can stop. See if you can get Disability Medicaid. Talk to Jobs and Family Services.

Check with your parents' insurance. Can they keep you on it if you are still in school or if you have a disability?

