



Time to Revitalize

www.journeysforwomen.org

SYNTIRO 's

JOURNEYS FOR WOMEN INITIATIVE

Information and Application

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About JOURNEYS FOR WOMEN

Founded in August 2004, our mission is "to provide learning, respite and/or revitalization for women by offering direction, advocacy and support for a woman to envision, plan, and carry out a Journey." We define a journey as a trip, a learning opportunity, sabbatical or other activity that will provide learning, respite or revitalization to her life. Journeys for Woman is an initiative of Syntiro, a Maine nonprofit organization.

The guidelines below are designed to assist in the development and realization of a woman's journey and assure that it is a unique and rewarding experience.

STEP 1: How to Begin

A woman wishing to take a journey can either refer herself to the Journey's For Women board or be recommended by someone who feels she might benefit from the experience. An application (attached) that will be reviewed by the Journey's For Women Board must be completed. The Journey's For Women Board will process the application within 2 weeks and notify the applicant in writing of her status. Expedited review is possible when necessary.

STEP 2: Upon Acceptance

Once a woman is determined eligible she will be assigned a Journey Team comprised of one or more members of the Journeys for Women Advisory Board to facilitate planning for her journey. The applicant and her team will explore options and gather the necessary information to inform and approve the journey and assure its success.

STEP 3: The Journey

After meeting with the woman, the Team will create, plan and empower the journey experience by securing necessary support for the woman. Whatever it takes to make it a journey of a lifetime is the commitment of our team!

STEP 4: The Return

When the woman returns from her journey she will be asked to provide feedback to her Team. She'll provide a summary of her journey, either in writing or through other media for other women to see, share, and support.



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Return to: Corda Kinzie
 Email: corda@syntiro.org
 Fax: 866-883-9271
 Snail Mail: Syntiro
 11 South Road
 Readfield, ME 04355



APPLICATION

1. Your Contact Information

Name			
Snail Mail address		City, State, Zip	
Cell		Email	
Home Phone			
Work Phone			
Preferred methods of communication (circle, or type a BOLD "X")	Phone	Email	Other: please specify
Best time to contact you (day of week and time of day)	Day(s)		Times
How did you hear about Journeys for Women?			

2. Tell Us About YOU and the segment of your Journey you are wanting Journeys For Women to support.

Briefly (500 words or less) share why this "journey" (a trip, respite or learning opportunity, etc.) is needed at this time in your life. What do you hope to learn – how will this revitalize you?